

## Bizzie Lizzies Nursery and Pre School.

Nursery Ofsted URN- EY392303  
Preschool Ofsted URN – EY2549120 RP  
number - 906327

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Dignity, intimate care and  
toileting

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### Intimate Care and Toileting Policy

#### Policy Statement

At *Bizzie Lizzies*, we are committed to promoting the welfare, dignity, and privacy of all children during intimate care routines such as nappy changing and toileting. These times are recognised as an important part of children's development and well-being. We ensure that every child's individual needs are met with respect, while safeguarding both children and staff.

We maintain a careful balance between:

- Safeguarding children and staff through clear procedures and appropriate supervision.
- Supporting children's independence and self-care skills at their own pace.
- Respecting children's dignity, privacy, and rights.

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#### Aims

- To ensure children are always treated with dignity, sensitivity, and respect.
  - To safeguard children and staff through safe practice, supervision, and training.
  - To support children's independence and self-care in line with their age and development.
  - To maintain a safe, hygienic, and respectful environment for intimate care routines.
  - To work in partnership with parents and carers in supporting individual care needs.
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## **Procedures**

### **Environment**

- Nappy changing and toileting areas will be clean, warm, safe, and age-appropriate.
- Facilities will provide privacy for the child while maintaining visibility or audibility for safeguarding.
- Children are not changed or toileted in public view of others, except where appropriate (e.g., group potty training for toddlers).

### **Staffing and Safeguarding**

- Only vetted and trained staff will carry out intimate care.
- Staff ratios are maintained at all times.
- Where possible, staff will not be left completely alone and out of sight for extended periods.
- Doors may remain ajar where appropriate, balancing safeguarding with privacy.
- Gloves and aprons are worn, and infection-control guidance is always followed.

### **Children's Privacy and Dignity**

- Children are spoken to kindly and reassured throughout care routines.
- No child will be made to feel embarrassed or ashamed of their needs.
- Toilet training will be supported in partnership with parents, at each child's pace, with no pressure applied.
- Older children will be encouraged to use the toilet independently when ready, with discreet support if needed.
- Children's requests for privacy will be respected, balanced with safeguarding.

### **Safeguarding Measures**

- Any concerns about a child's welfare (e.g., unexplained marks, reluctance to be changed) are recorded and reported in line with safeguarding policy.
- Staff remain sensitive to signs of distress.
- All nappy changes and toileting accidents are logged appropriately.
- Leaving a child in soiled or wet clothing will be considered neglect and is a disciplinary matter.

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### **Partnership with Parents and Carers**

- Parents will be informed of nappy changes, toileting routines, and accidents through daily communication and records.
- We work in partnership with parents on toilet training strategies to ensure consistency between home and setting.

- Individual care plans are agreed for children with additional medical or developmental needs.
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### **Toileting and Nappy Changing Routines**

- Children's nappies are checked and changed at regular intervals (e.g., mid-morning, lunchtime, mid-afternoon, and before home time/bedtime).
  - Nappies are changed immediately if soiled.
  - Children are encouraged to participate in potty training when ready. Each child progresses at their own pace.
  - Changing mats are cleaned and covered with fresh paper towel for each child.
  - Soiled nappies are bagged and disposed of hygienically. Faeces are flushed down the toilet.
  - Wet/soiled clothing, cloth nappies, or training pants are bagged and returned to parents.
  - Children are encouraged to wash their hands with soap and water after toileting; antibacterial soaps are avoided for young children.
  - Staff avoid negative comments or facial expressions regarding nappy contents.
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### **Bizzie Lizzies Personal Care Commitment**

- All staff responsible for intimate care will carry out their duties professionally and respectfully.
- Children's welfare, dignity, and privacy are paramount.
- No child will be cared for in a way that causes distress or pain.
- Every child has the right to privacy, respect, and compassionate care.