

Bizzie Lizzies Nursery and Pre School.

Nursery Ofsted URN- EY392303
Preschool Ofsted URN – EY2549120 RP
number - 906327

Rookwood,
Church Road,
Eardisley,

01544 327947

Bizzie Lizzies Pre School
Eardisley School
Herefordshire
HR3 6NS

Herefordshire,
HR3 6NN

Bzzlzz1@aol.com

Sun Safety Policy

Purpose

This policy outlines how we protect children in our care from the harmful effects of the sun while still encouraging outdoor play and exploration.

1. Outdoor Play and Shade

- Outdoor activities will be encouraged throughout the day but limited during peak sun hours (11:00am–3:00pm) if necessary.
- Staff will make full use of shaded areas such as trees, canopies, gazebos, and umbrellas.
- When shade is not available, children will take regular breaks indoors or in covered spaces.

2. Clothing and Hats

- Parents are asked to provide children with lightweight, loose-fitting clothing that covers shoulders, arms, and legs where possible.
 - Children must wear a broad-brimmed or legionnaire-style hat when outdoors.
 - Spare hats will be available at the setting for children who forget theirs.
-

3. Sunscreen

- Parents are asked to apply broad-spectrum sunscreen (SPF 30 or higher) before their child arrives at the setting.
 - Staff will reapply sunscreen during the day, especially:
 - Before outdoor play in the late morning and afternoon
 - After water play or excessive sweating
 - The setting will maintain a supply of hypoallergenic sunscreen for emergency use; however, parents are encouraged to provide their child's own, clearly labelled sunscreen.
-

4. Hydration

- Children will be encouraged to drink water frequently, particularly during hot weather.
 - Water bottles or cups will be kept accessible at all times.
-

5. Staff Role and Responsibilities

- Staff will act as role models by wearing hats, using sunscreen, and seeking shade.
 - Staff will monitor children for signs of heat stress, sunburn, or dehydration.
 - Parents will be informed immediately if a child develops sunburn or shows signs of heat illness.
-

6. Parental Partnership

- Parents will be informed about the setting's sun safety measures.
- Parents are responsible for supplying labelled hats, suitable clothing, and sunscreen.

- The setting will provide reminders to parents during warmer months.
-

7. Education for Children

- Children will be encouraged, in age-appropriate ways, to learn about sun safety, such as wearing hats, finding shade, and drinking water.
 - Songs, stories, and activities will reinforce safe sun habits.
-

8. Review of Policy

This policy will be reviewed annually and updated in line with guidance from NHS, Public Health England, or other relevant authorities.